



HORARIOS

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HORARIO	LUNES	MARTES	MIERCOLES	JUEVES	VIERNES	SABADO
7,15 hs	MAX CYCLING	AGUATRaining	MAX CYCLING	AEROBOX/ KROSS	BODY PUMP	
9 hs	ABDOMINALES		ABDOMINALES		ABDOMINALES	
9,10 hs		ABDOMINALES		ABDOMINALES		
9,30 hs	MAX CYCLING	BODY PUMP	BODY BALANCE	GAP	AEROBOX/ KROSS	
9,30 hs	AGUAGYM		AGUAGYM		AGUAGYM	
10,30 hs		AGUATRaining	MAX CYCLING	AGUATRaining		
10,30 hs	ABDOMINALES	ABDOMINALES		ABDOMINALES	ABDOMINALES	
10,40 hs	MAX FIT	PILATES		PILATES	MAX FIT	
11,30 hs	ESTIR + ABDOM		ESTIR + ABDOM		ESTIR + ABDOM	
12 hs						MAX CYCLING
13,30 hs	ABDOMINALES	ABDOMINALES	ABDOMINALES	ABDOMINALES	ABDOMINALES	
14,05 hs	MAX CYCLING	KROSS	MAX CYCLING	KROSS	MAX CYCLING	
14,05 hs	BODY PUMP	BODY BALANCE	GAP	BODY PUMP	PILATES	
14,05 hs	AGUATRaining	AEROBOX 14,10 hs	AGUATRaining		AGUATRaining	
15,15 hs	GAP	MAX CYCLING	BODY PUMP	MAX CYCLING	KROSS	
15,15 hs				AGUATRaining	BODY BALANCE	
18,15 hs	MAX FIT		MAX FIT		MAX FIT	
18,15 hs	PILATES		PILATES		PILATES	
18,30 hs		ABDOMINALES		ABDOMINALES		
19 hs	ABDOMINALES	ABDOMINALES	ABDOMINALES	ABDOMINALES	ABDOMINALES	
19,15 hs	MAX CYCLING	KROSS	MAX CYCLING	KROSS		
19,30 hs	AEROBOX	BODY PUMP	GAP	BODY PUMP	MAX CYCLING	
19,55 hs		ABDOMINALES		ABDOMINALES	LATINO 19,40 hs	
20,15 hs	KROSS	MAX CYCLING	KROSS	MAX CYCLING		
20,30 hs	AGUATRaining		AGUATRaining	AGUATRaining		
20,30 hs		BODY BALANCE				
21,15 hs	MAX CYCLING VIRTUAL		MAX CYCLING VIRTUAL			